

Policy Document No: ELC12
Category: Early Learning
Topic: Sun Protection Policy



Date of Issue: January 2005
Last Review Date: February 2019

Considerations

Keeping children and staff safe.

Children's needs: Individual allergies regarding sunscreen application and outdoor play environment (shade provision) taken into account.

Parent's needs: The knowledge that their child will be protected.

Staff needs: Educating staff regarding appropriate clothing (hats); application of sunscreen; hygiene considerations; role modelling.

Management needs: To be informed and educated in regard to requirements and legislation; to be up to date with current trends; to be assured that the service is meeting legislative requirements and providing high quality care through best practice procedures.

Legislation and sources

*Staying Healthy in Child Care by National Health and Medical Research Council
Education and Care Services National Regulations Part 4, regulation 114, 168 (2.a), Ministerial Council For
Education, Early Childhood Development and Youth Affairs, October 2011*

Worksafe website: www.safetyline.wa.gov.au

Standards Australia website – www.standards.com.au

Guide to the National Quality Standard, Standard 2.1.3, 2.3.2

www.sunsmart.com.au

Policy Statement

The policy will be made easily available to parents on the college website.

Our Sun Protection Policy has been developed to ensure that all children, employees and visitors attending this Centre are protected from skin damage caused by the harmful ultraviolet radiation (UVR) from the sun. The sun protection measures listed are used for all outdoor activities during the daily local sun protection times. (The sun protection times are a forecast from the Bureau of Meteorology for the time of day UV levels are forecast to reach 3 or higher. At these levels, sun protection is recommended for all skin types. In Victoria, UV levels regularly reach 3 or higher from mid-August to the end of April.) If the temperature reaches 35 degrees, any outdoor activities may be cancelled and alternative arrangements will be made for the children inside.

How the policy will be implemented –Specific Practices and procedures

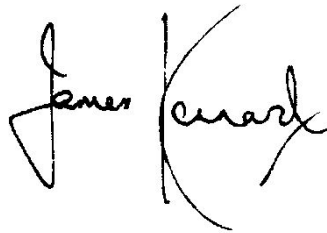
The Centre endorses the Sunsmart 'Outside 5' for students, staff and visitors.:

- **Slip on protective clothing**–Children to be dressed in cool clothing that covers as much skin as possible e.g. tops that cover the shoulders, arms and chest, has higher necklines or collars, and long shorts and skirts **no singlet tops or shoestring dresses** as they do not provide adequate sun protection and are best layered with a shirt or t-shirt.
- **Slop on SPF 30+ Broad Spectrum Sunscreen**- SPF 30 (or higher) broad-spectrum, water-resistant sunscreen is to be supplied by the parent. Sunscreen is applied in accordance with the manufacturer's directions (which state to apply at least 20 minutes before going outdoors and reapply every two hours, or more frequently if sweating or swimming).To help develop independent skills ready for school, children from three years of age are given opportunities to apply their own sunscreen under supervision of staff, and are encouraged to do so. SPF30 (or higher) broad-spectrum, water-resistant sunscreen is to be applied to all exposed parts of their skin including their face, neck, ears, arms and legs.Staff will assist children to apply sunscreen if required

- **Slap on a Sun Protective hat-** All children are required to wear Scopus Wide brimmed hats as they protect their face, neck and ears . Peak caps and visors are not considered a suitable alternative. Children without hats may be excluded from outside play. Staff and visitors are encouraged to wear an appropriate hat that protects the face, neck and ears while they are outside,
- **Seek Shade-** Children will be encouraged to use available areas of shade for outdoor play activity. Planned outdoor play and activities will be set up in shady areas. Areas used for focused play i.e. sandpits, fixed play equipment, will be provided with shade throughout the year. (*Education and Care Services National Regulations*, reg.114).Management will ensure there are a sufficient number of shelters and trees providing shade in the Centre grounds.
- **Slide on some sunglasses (Optional)-** Where practical, children are encouraged to wear close-fitting, wrap-around sunglasses that meet the Australian Standard 1067 and cover as much of the eye area as possible.

Approved by the College Principal;

Date: March 2019

A handwritten signature in black ink, appearing to read "James Kerach". The signature is written in a cursive style with a large, sweeping initial 'J' and a long, curved tail on the 'K'.